



Health Hygiene Assessment Cleaning Schedule

Skin Penetration

The purposes of this cleaning schedule is to assist hair, beauty, tattooing and skin penetration businesses in creating a cleaning schedule to keep track of what must be cleaned and when.

As a required by the Public Health and Wellbeing Regulation, all hair, beauty, tattooing and skin penetration businesses must ensure that the premises is in a clean, sanitary and hygienic condition. All equipment and instruments must be clean before it is used on a client and sterile if it is to be used for skin penetration.

Definitions:

Detergent: A detergent is a cleaning solution. It is a chemical substance you use to break up and remove grease, grime and dirt. Household detergents should not be used for cleaning your instruments and equipment. For these industry specific items you should use a detergent that is low foaming, nonabrasive, noncorrosive, biodegradable, free-rinsing, non-toxic and of a mild alkaline formulation.

Cleaning: Removing contamination and foreign material (for example, soil and organic material) from items to the level required either for further processing or reuse of the item.

Disinfection: A process that inactivates microorganisms (but not bacterial spores) on an item to a level appropriate for reuse of the item

Sterilisation: A process used to make an item free from viable microorganisms, including bacterial spores.

Method for manual cleaning:

1. Pre rinse items in warm running water to remove soil
2. Fill the sink with warm water and detergent to the concentration recommended by the manufacturer
3. Dismantle or fully open items to ensure all parts are thoroughly cleaned
4. Immerse items (a few at a time) in the sink with warm water and detergent
5. Scrub items using a firm bristle nylon brush. Hold the items low in the sink to prevent scrubbing from creating droplets in the air that you might breathe
6. Wash all surfaces of the items, including the insides of tubes and valves
7. Rinse items in warm to hot water in the second 'clean' sink
8. Dry items in a drying cabinet or with a clean lint free cloth. Do not allow items to air dry or drip dry
9. Visually inspect items for cleanliness

This cleaning schedule may not be an exhaustive list of all equipment used in your business. You may need to amend this cleaning schedule to include all equipment used within your business.

Item	Frequency	Product
Surfaces at high risk of blood or body fluid contamination (for example, tattooing chair)	After each use	Detergent and disinfectant
Surfaces at low risk of blood or body fluid contamination (for example, hair dressing bench)	Daily, or spot clean as required	Detergent (and disinfectant if cleaning up blood or bodily fluids)
Client tables/beds	After each client	Detergent (and disinfectant if cleaning up blood or bodily fluids)
Hand wash basins and sinks	Daily	Detergent
Floors	Daily, or spot clean as required	Detergent (and disinfectant if cleaning up blood or bodily fluids)
Bins	Weekly and spot clean as required	Detergent
Walls/ceilings	Spot clean as required	Detergent

Dry needling and other therapeutic skin penetration procedures

Equipment	Use of item	When	Recommendation
Acupuncture needles (and introducer)	Dry needling	After each client	Pre sterilised single use only. Dispose of into a sharps container after each use.
Dermal hammers	Superficial skin penetration	After each client	Pre sterilised single use only. Dispose of into a sharps container after each use.
Cups (glass or plastic)	Cupping	After each client	<p>If used on intact skin:</p> <ul style="list-style-type: none"> Wash in warm water and detergent. Rinse in hot running water. Dry with a lint free cloth. <p>If contaminated with blood or used on non-intact skin:</p> <ul style="list-style-type: none"> It is recommended that these items be single use only and disposed of into clinical and related waste. If reused, they will need to be cleaned and sterilised.
Bamboo cups	Cupping	After each client	Single use only. Due to its porous nature, bamboo is not able to be cleaned, disinfected or sterilised. As such, bamboo cups must only be used on intact skin. Dispose of into general waste after use unless contaminated with blood then dispose of into clinical and related waste.

Body piercing and body modification

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Equipment	Use of item	When	Recommendation
Needles, cannulas	Pierce skin	After each use	Pre sterilised single use only. Dispose of into a sharps container after each use.
Jewellery	Inserted into sterile tissue	Before each client	Pre sterilised recommended. If purchased as non-sterile, must be cleaned and sterilised before use.
Spatulas, cotton, gauze, paper towel	Materials used during body piercing/ modification	After each use	Single use only. Dispose of into clinical and related waste.
Clamps, looped forceps, pliers and receiving tubes	Hold skin/tissue during piercing	After each client	<p>Single use is recommended. Dispose of into clinical and related waste. If reusable:</p> <ul style="list-style-type: none"> Wash in warm water and detergent. Rinse in hot running water. Dry with a lint free cloth. Package and sterilise.
Cartridges used with ear piercing guns	Hold ear piercing jewellery	After each client	Pre sterilised single use only. Dispose of into a sharps container after each use.
Ear piercing gun	Used to hold cartridges with earring, and pierce ears	After each client	<p>Wipe over with cloth dampened with warm water and detergent. Rinse by wiping with cloth dampened in hot water.</p> <p>Dry thoroughly.</p> <p>Wipe over with cloth dampened with 70% alcohol solution and allow to dry.</p>
Vernier callipers	<p>For taking measurements to determine jewellery size.</p> <p>Should only be used on clean unbroken skin</p>	After each client	<p>Wash in warm water and detergent. Rinse in hot running water.</p> <p>Dry with a lint free cloth. For genital or oral piercings:</p> <ul style="list-style-type: none"> Single use only is recommended. Dispose of into clinical and related waste. <p>Or</p> <ul style="list-style-type: none"> Wash in warm water and detergent. Rinse in hot running water. Dry with a lint free cloth. Package and sterilise.